

Secrets of the Millionaire Mind T. Harv Eker

Three ideas that fit in a minute

Three ideas about money and mindset, and one small thing to write down for each. No promises about getting rich.

THREE CORE IDEAS

1 You carry a money blueprint.

Eker says it is what you learned about money as a kid, and it works like a thermostat. Earn more than it is set for and you drift back.

2 "I create my life" beats "life happens to me".

Your rent goes up. You can complain, or ask what you can change. The book wants you to ask the second question.

3 Wanting money is not committing to it.

Wanting to save is a wish. Saving the same amount every payday is a commitment.

DO IT TODAY about 10 minutes

- 1 Write down one money rule from your family. Say home always said money's tight: that is a blueprint.
 - 2 Swap one complaint for one action.
 - 3 Pick one small money goal and write down what you will do for it.
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Who it's for. Anyone whose money habits feel like they came from somewhere else.

A mindset won't pay the bills by itself, and I won't pretend it does. Use what helps, drop what doesn't.

Not financial advice.

A plain-words summary written by Pep Secanell, not a replacement for the book. Read *Secrets of the Millionaire Mind* for the full story.

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